

DRINKS

<u>COFFEE</u>		SMOOTHIES			
ESPRESSO	R16	BERRY YUMMY R45			
AMERICANO	R21	STRAWBERRIES, RASPBERRIES, BLUEBERRIES, BLACK/RED CURRENT, BANANA, MANGO, APPLE, PASSION FRUIT			
FLAT WHITE	R28				
CAPPUCCINO	R28	C-FOR YOURSELF R45			
CAFFE LATTE	R30	MANGO, PINEAPPLE, ORANGES/ NARTJIES,			
CAFÉ MOCHA	R30	CARROTS, PASSION FRUIT			
MACCHIATO	R18	LEAF ME ALONE R42			
CORTADO	R22	CUCUMBER, CELERY, SPINACH, APPLE, PASSION FRUIT, PINEAPPLE			
CAFÉ BREVE	R24	BEET IT R45			
ICE COFFEE	R28	BEETROOT, CELERY, CARROTS, SPINACH,			
FRAPPUCCINO	R35	CUCUMBER			
HOT CHOCOLATE	R28	TROPICAL TANG R45			
RED CAPPUCCINO	R28	KIWI, GOOSEBERRIES, PINEAPPLE, APPLE, MANGO			
CHAI LATTE	R30	STRAWSOME SPECIAL R52			
ADD: ALMOND/SOYA MILK	R8	DRAGON FRUIT, STRAWBERRIES,			
<u>REFRESHERS</u>		RASPBERRIES, BLUEBERRIES, BLACK/RED CURRENT, MANGO, APPLES, SPINACH,			
HOMEMADE LEMONADE	R25	CELERY STRANGE, PHILES, STRANGER,			
PRESSED ORANGE JUICE R22		ADD ALMOND :R8			
CIDER (LITTLE WOLF NON A	LC) R30				
BUCHU G&T (NON ALC)	R30	<u>TEAS</u>			
DUCHESS G&T (NON ALC)	R30	DARJEELING (CEYLON) ,GREEN TEA, ROOIBOS, CHAMOMILE, EARL GREY			
LEMON/ORANGE SODA	R25				
COKE	R15	CUP R25 POT R28			
CERES SWIRL	R15				

LIGHT MEALS

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PLEASE SEE OUR DAILY BAKES AT THE COUNTER

BREAKFAST

YOGURT POT WITH HONEY, FRUIT AND MUESLI R45

TOASTED CROISSANT WITH SCRAMBLED EGG AND BACON ${f R60}$

AVOCADO ON TOAST (TOASTED SEED LOAF WITH FRESH AVOCADO SLICES, AND A SIDE SALAD) **R50** ADD, HUMUS, PESTO, POACHED EGG **R10**

GOURMET PIES SERVED WITH SIDE SALAD

LAMB AND ROSEMARY

STEAK AND GUINNESS

ROAST VEGETABLE AND FETA

R48

BAGUETTES

BACON BAGUETTE R52

BACON. LETTUCE AND TOMATO

WITH A TOUCH OF BLUE CHEESE

CHICKEN AND AVO BAGUETTE: R58

ROAST CHICKEN, AVOCADO AND MAYO

HEALTHY OPTION BAGUETTE R40

BEETROOT AND COTTAGE CHEESE & BASIL

DAILY SPECIALS

PLEASE SEE THE BOARD FOR OUR DAILY LUNCH SPECIALS